# from a profestion



Kong Wobblers and treat balls are great for active dogs that like to work for their food. Snuffle mats are a great way to have them forge for their food as well.

# ASK YOUR DOG

Does your dog want to do what you're asking of them? Could it be uncomfortable or stressful for them? Try not to pressure them into doing things they are uncomfortable with. The more you listen to them the more they will trust you.

# LEARN FROM YOUR MISTAKES

Understand mistakes can and will happen. Try not to get frustrated. Instead write a journal of what happened and what you can do to make it better for the future. Keeping a journal is good for any dog training student that likes to track and see progress.

# WORK WHEN YOU CAN

Fit your dog into your schedule! Prepare some fun activities for your dog when you know you'll be busy. Stuff a kong with coconut oil, peanut butter, some of their kibble and freeze it. That can be a fun meal that can keep them busy while you are busy getting ready.

### **TRAIN EVERY DAY**

Yes. Daily.Every. Single. Day. For the rest of your dog's life. They love it! It's fun for them. Challenging their mind is exciting and builds confidence.10 minutes a day can change their life!

### STRETCH AND MASSAGE

Stretch or massage your dog. Dogs run and strain a lot of their muscles. Massaging after a long day of anything would be beneficial to them and your relationship! This is only beneficial if your dog enjoys it.

# SPECIAL ACTIVITY

Have a special activity that you do together. Does your dog really enjoy tug or frisbee? This is a great chance to practice training as well having them sit before throws and waiting until after you throw to retrieve.

## **NEW WALKING ROUTE**

Let them lead! Is their nose sniffing you down Main Street instead of the usual Town Line? Do it! Why not? Let them sniff around as long as it's safe. Dogs love to use their noses and what easier way than on your usual walk?

### **BE THANKFUL**

Start every day by being thankful for your dog and the opportunity to be able to teach them how to live in your humanized world. By "humanized" I mean, a world where digging, forging, and running around with other members of family, isn't a typical day.

### **REMEMBER THIS**

Understand that your dog is just that, a dog. As much as we love them like family we need to know they are still dogs. They have different needs and learn differently than we do. The more we learn about how they learn, the better teacher we become.

# Thanks for being a part of Wood Violet Animal Rescue

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